

Menu name : Pacific saury roll egg

Ingredients (For 1)

• Eggs	3	
• Grilled pacific saury	50cc	
• First Dashi	60cc	} A
• Soy sauce	2cc	
• Sugar	7g	
• Salt	1g	

(First Dashi)

• Water	100cc
• Kelp (1% of water)	1g
• Katsuobushi (2% of water)	2g



How to make

- ① Mix the eggs.
- ② Mix with other ingredients to make seasoning A.
- ③ Mix ① with ② together.
- ④ Warm the copper plate and oil it.
- ⑤ Put one-third of ③.
- ⑥ Put in Grilled Pacific saury.
- ⑦ Roll the egg in front.
- ⑧ Oil paint.
- ⑨ Move the egg to the back.
- ⑩ Oil paint.
- ⑪ Repeat ⑤, ⑦, ⑧, ⑨ and ⑩ twice.
- ※ ⑤ is Pour ③ under the egg.
- ⑫ Turn off the fire.
- ⑬ Roll it up.

