

# 《通常時日程》

|            |                    |
|------------|--------------------|
| <b>SHR</b> | <b>8:40~ 8:50</b>  |
| <b>1</b>   | <b>8:55~ 9:45</b>  |
| <b>2</b>   | <b>9:55~10:45</b>  |
| <b>3</b>   | <b>10:55~11:45</b> |
| <b>4</b>   | <b>11:55~12:45</b> |
| <b>昼 食</b> |                    |
| <b>5</b>   | <b>13:30~14:20</b> |
| <b>6</b>   | <b>14:30~15:20</b> |